

SWOLLEN ANKLES? TRY LYMPHATIC DRAINAGE



We would like to introduce an exciting new 30 minute treatment for oedematous (swollen) feet and ankles. Josie Pitchforth, our Advanced Reflexologist, is now offering this treatment uniquely partnered with some gentle reflexology to further enhance the effects of reducing swelling and promoting good circulation and drainage of the feet. The treatment is best taken as a short course in order for the benefit to build and be retained.

Special Offer - If you would like to try a session, book before Christmas (for a treatment to be taken any time before the end of February 2012) and we will give you a 10% discount on your first treatment.